

2nd Virtual Conference on Counseling



September 15-18, 2010

CESL Center - SecondLife SLURL Port Dervon 44, 65, 26

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Welcome

Counselor Educators in Second Life (CESL) is pleased to welcome you to this the 2nd Virtual Conference on Counseling held on September 15-18, 2010. This event is held at the CESL Conference Center (Port Devron 44, 65, 26) and with our conference partners, Cooperative Extension Education Center (Morrill 69, 40, 23).

You can find this full conference schedule online at <http://SL.counseloreducation.org>

This year we had assistance in a second presentation site, Cooperative Extension Education Center and LuAnn Phillips (SL: Thynka Little), our supportive contact with Extension. When looking for another location for presenters, we thought presenters and attendees would be enriched through seeing another creative sim and LuAnn was quick to offer the use of the Cooperative Extension location. Enjoy exploring the creative work done at the Cooperative Extension.

This year's conference we decided to add some end of the day entertainment. Brianna Beresford of Tranquil Café (Shona 157, 160, 37) has been helpful in finding a great artist, Chris Evermore, for Wednesday evening, and the conference group is invited over to Tranquil Café for her line-up of Thursday artists. There is a lot of great art and music in Second Life and we felt attendee's SL experience would be enriched by bringing in some of the talent.

The virtual environment for this conference provides the opportunity to extend the reach of the delivered content. Those who cannot afford the time to travel to a "traditional" conference can easily attend this virtual event. For those not inworld, my thanks to John Wilson at <http://Onlinevents.co.uk> who has agreed to stream the conference live to anyone with an available web browser.

Presenters are provided with all the traditional presentation tools including the ability to use PowerPoint or slides, show videos, have large and small group discussions, and provide handouts. In addition, session minutes and conversation transcripts can quickly be provided to all participants.

I am excited that you have chosen to be part of this 2nd virtual experiment for the CESL. It is through the efforts of organizers, presenters, attendees and the many supportive people I have run across in Second Life that this conference has become possible. I want to publicly recognize Debra London (SL Debra Hilra), who built the CESL center, offered great advice on how to make things happen inworld, and has been an unending source of new ideas. Be sure and take a moment to thank the presenters, many who have taken the first step with a leap of faith, for their work and involvement. In this program, please take a moment to read the "Recognition" page for specific "thank-yous".

Thank you for your help and well-wishes. Enjoy the conference. Bear with us as we all possibly struggle with this new adventure.

Whatever the outcome we will all learn from our experience and we look forward to the next Virtual Conference on Counseling.

Marty Jencius, PhD

CESL

Associate Professor

Counseling and Human Development Services

Kent State University

Conference Partners

Cooperative Extension Education Center – Morrill (69, 40, 24)

LuAnn Phillips - SL: Thynka Little

Onlinevents.co.uk

John Wilson - SL: Jack Leisen

Tranquil Café - SLURL - Shona (140, 157, 37)

SL: Brianna Beresford

Kent State University – Counseling & Human Development Services Center

– Dr. Jason Miller



Conference Links

Counselor Education in Second Life

<http://SL.CounselorEducation.org>

CESL Twitter

<http://twitter.com/CEinSL>

CESL Second Life Center

<http://slurl.com/secondlife/Port%20Dervon/44/65/26/>

Cooperative Extension Education Center

<http://slurl.com/secondlife/Morrill/69/40/24/>

http://collaborate.extension.org/wiki/Cooperative_Extension_Second_Life_Educators

Onlineevents.co.uk

<http://onlineevents.co.uk>

Tranquil Café

<http://slurl.com/secondlife/Shona/140/157/37/>

<http://tranquilcafe.com>

Wednesday September 15, 2010

ALL TIMES ARE EASTERN STANDARD TIME OR +3 SLT (SECOND LIFE TIME)

10:00 AM

1. Opening Session: Marty Jencius and Debra London - CESL sim

This session provides a welcome to the 2nd Virtual Conference on Counseling (2VCC). We will present background information regarding the CESL, talk about CESL sponsored programs, give a history of the VCC, and help attendees get oriented to the 2VCC conference locations and new opportunities from the CESL.

11:00 AM

2. Keynote session: Sexualized Role Play in Second Life and Beyond: Meaning and Implications, David Delmonico - CESL sim

Online sexual role play has become a common behavior in chat rooms, newsgroups, and avatar-based venues, such as Second Life. Is this behavior indicative of deeper sexual and/or emotional problems, or just a normal healthy expression of sexual fantasy? This workshop will explore both the potential positive and negative effects of sexual fantasies acted out through online sexual role play scenarios. Participants will be presented with information on how online sexual role play occurs online, including the various methods, venues, and types of sexualized role play available. Special attention will be given to "age play" - a form of online role play where one or more participants take on the persona of an adolescent or pre-pubescent child during the sexualized role play scenario. The relationship between online role play, fantasy, and real world behaviors will also be explored, along with the possible meaning and implications of online sexual role play in clinical settings

12:00 PM

3. Technologically Mediated Relationship Changes, Katherine Herman and Courtney Holmes - CESL sim

During the past decade, technological communication has changed the lives of people all over the world. As things become easier and faster, there are implications for relationships and communication patterns that have not yet been studied. Interest in this increase in technological communication has permeated all of society

An important consideration is how these communication advancements evolving and hindering or facilitating relational interactions within families and society. To maintain pace with clients, counselors need to begin to consider interventions using technology to enhance the existing family and relational structure. Armed with an understanding of some possible implications of the role of technology in family

communication, the counseling profession can begin to look “outside the box” in terms of how family members relate to one another through technology.

This session will discuss how technology has impacted relationships and families and propose counseling techniques to help and support families through technological communication. Finally, this session will allow time for discussion since each the attendees brings their own stories about how technology has reached their clients and how they addressed this in sessions.

1:00 PM

4. Counseling in GenderLand: A guide for you and your transgendered clients,
Niela Miller - *Cooperative Extension sim*

I wrote a book called “Counseling in Genderland” for counselors working with transgendered folks. When I came to SL in 2007, I started offering TG support groups and then trained half a dozen TG’s to facilitate their own support groups. I will present the unique aspects of doing support and training groups for transgenders in SL and some general information about how a counselor prepares to work with transgenders in RL and SL

2:00 PM

5. Immersive Simulations in Counselor Education, David Stone and Deborha Patten - CESL sim

This presentation will provide both a research foundation and a clinical basis for the use of immersive Second Life Role Play in counselor education. Simulations of interactions with patients can provide invaluable assistance to new counselors who need assistance in learning counseling skills. Participants will be able to list the three most important research findings regarding simulations in counselor training. Participants will be able to identify three clinical training simulations where virtual reality simulations can be effective. Participants will be able to identify resources available for virtual reality based simulations for counselor training.

3:00 PM

6. Demonstrating Cyberculture through Film: Life 2.0 Questions and Answers,
DeeAnna Merz Nagel, Kate Anthony, Jason Koff, and Jean-Anne Southerland -
Cooperative Extension sim

DeeAnna Merz Nagel, Kate Anthony and Jean-Anne Sutherland will join Director, Jason Spingarn-Koff and others involved in the filming of Life 2.0, a documentary about real people and virtual avatars influenced by Second Life for a question and answer session about the impact of Second life on individuals and society at large. Cultural competency now stretches beyond the global borders and into cyberspace.

"Director Jason Spingarn-Koff digs deeply into the core of basic human interaction by assuming his own avatar and immersing himself in the worlds of Second Life residents, whose real lives have been drastically transformed by the new lives they lead in cyberspace. In doing so, he manages to create an intimate, character-based drama that forces us to question not only who we are, but who we long to be." -from the Sundance Film Festival Film Guide.

4:00 PM

7. Second Life as a Pedagogical Tool: Comparing the Learning Styles and Perceptions of Counselor Education Students of Second Life, Leslie O'Ryan and Jacob Glazier - CESL sim

This presentation will report findings from a study that compared Counselor Education students' perceived effectiveness of Second Life to their individual learning styles. First, students were administered a learning style inventory. Second, students were engaged in a classroom activity using Second Life. Following the classroom activity, students were asked to evaluate their perceptions of the use of Second Life through the use of a survey. Students' learning styles were then compared to the results of the survey. The results and findings from the study will be described via a PowerPoint Presentation. A focused large group discussion will follow the PowerPoint presentation regarding the strengths and limitations of the use of Second Life as an educational platform. The findings from this study will be useful for counselors and counselor educators who are interested in using Second life as an instrument for education and/or training. Implications for further research and counseling practice will be discussed.

5:00 PM

8. Evaluating Student Cognitive, Affective, and Psychomotor Learning During Patient Interviewing and Diagnosis Activities, Victoria Walker and Jason Baker - CESL sim

The presenters will discuss the results from a study evaluating the cognitive, affective, and psychomotor learning of students in a graduate-level course which compared traditional learning activities with activities completed in the 3-D virtual environment Second Life. Using the results of student responses to the CAP Perceived Learning Scale administered after each of three different learning experiences (including an innovative learning experience using a 3-D virtual learning environment), the presenters will discuss the relative benefits of various instructional activities with a particular focus on the implications of using 3D virtual learning experiences in addition to traditional education practices.

6:00 PM

9. Counseling Internet and Online Issues, Paul Silverman - CESL sim

This presentation will help participants serve our clients when they are facing issues unique to Internet communication, such as email communication, online friendships and romances, and social networking conflicts and anxieties. We will begin by learning the basic psychological features of online interactions and how they differ from face-to-face interactions. We will reflect on the emergence of online interpersonal relationships and how to evaluate them without pathologizing the medium of the Internet. We will then apply these principles to a common client scenario: whether and how to navigate interpersonal conflicts by email.

Participants will gain a greater skill in advising clients in their online interactions – an important clinical skill as online interpersonal relationships become increasingly common.

7:00 PM

10. The Effectiveness of Art Therapy, Nicole Brickell - Cooperative Extension sim

Have you ever wondered what Art Therapy is? This presentation will outline the basics of what is art therapy, along with a background history on this treatment form and it coming to Canada and to other area around the world, the various theories used in this type of therapy and the theorists behind them, how it can benefit differing ages and populations, and a clinical case using this form of treatment will demonstrate its effectiveness.

8:00 PM

11. Project Pathways: Interactive Technology in the Counseling Classroom, Joseph Davis - CESL sim

As the world becomes more proficient with technology, the counseling profession must also continue to make strides in regards to technological advancements with the ultimate goal of providing the best service to clients. Project Pathways is a new interactive technology that aims to assist in the cultivation of intentionality in counseling students. In this session, the evolution of technology will be examined inside of the counselor education classroom. Additionally, Project Pathways will be demonstrated to examine how traditional video supplements of counseling techniques may be better adapted through the use of interactive technology. Limitations and benefits of utilizing interactive technology will be discussed.

9:00 PM

12. Training Play Therapists in a Virtual World, Julie Robinson, Jill Packman, Maria Devine Ogino - *CESL sim*

The crisis in children's mental health services includes the need for more developmentally-responsive interventions like play therapy that involve the family. Best practice in training play therapists includes a hands on opportunity with children in a playroom while under supervision of a trained play therapist. Opportunity for such an experience becomes more difficult with the current trend in counselor education to online and hybrid courses. Training of play therapists in the virtual environment of Second Life would allow for a wider reaching audience in the training of play therapy as an appropriate intervention for children. The virtual environment provides a realtime simulation for trainees that aids in the transition from theory to practice without risking children in the training process. The presenters have developed a virtual playroom "inworld" with counselor-trainee avatars interacting with faculty "child" avatars. The counselor-trainees are responsible for completing a training module based on inworld experiences. Attendees will have the opportunity to work inworld during this program and experience the play therapy training environment. Support materials for developing a virtual play therapy room will be provided to attendees.

Wednesday September 15, 2010

10 PM EST -- 7 PM SLT



Chris Evermore - SL Indie Folk Artist

Live Entertainment - On the Roof - *CESL sim*

Fireworks after Chris' performance

As a new musical journey and chapter in my life unfolds I am looking to expand my horizons by performing live music in SL and in my own small way give back to the wonderful community of people that I have come to know and love in this virtual world. Performances in RL have been minimal at this point although hoping to expand on that as well in the near future. My style is a unique blend of indie folk and progressive acoustic cover songs. Initially I will be sharing covers of various artists including Del Amitri, Damien Rice, Cold Play, U2 and Crowded House. In time, I will be sharing original material as I am currently immersed in the writing process and have lots to share. Music Unites and ignites the passion that burns so deeply within us. Open your heart, embrace the vibrations, rejoice in the community of music so deeply woven in our souls here in SL. Much emotion and passion can be conveyed in the delivery of a song and many things come together to make this message unique such as the voice, vibration of strings on a guitar and the original intent of the song along with the passion of the delivery.

Thursday September 16, 2010

ALL TIMES ARE EASTERN STANDARD TIME OR +3 SLT (SECOND LIFE TIME)

10:00 AM

Tai Chi exercise and light conversation
Look for us on the east end of the CESL island

11:00 AM

13. Competencies in Addressing the Christian Client's Worldview, Cheryl Durham - CESL sim

There are many myths that are perpetrated in the Mental Health community when it comes to Biblical Counseling. Many see it as religious practice within a therapeutic prescriptive, however, that is not the case and counselors can do damage to Christians and others who use the Biblical context to guide their lives. It is not enough to be a Christian and have no theological education, as the worldviews used in the mental health community often conflict with the biblical paradigm. This seminar will address those places where counselors, because of their lack of education in theology can do harm, how they can avoid this and when to refer to a qualified Biblical Counselor. Information will also be given on how to make good referrals, and what to look for in the credentials of a Biblical Counselor

12:00 PM

14. Can I trust you? Can you really help me?, Brandon Browning - Cooperative Extension sim

Many studies verify that approximately thirty percent of successful outcomes in counseling are due to relationship factors or counselor client alliance. This presentation will establish the necessity of getting the clients perspective concerning the alliance early in treatment. We will discuss tools to do this and ways to enhance and monitor the alliance throughout the therapeutic relationship.

1:00 PM

15. CACREP Goes International with IRCEP: The International Registry of Counselor Education Programs, Carol Bobby and Rebecca Stanard - CESL sim

The session will introduce participants to IRCEP - the International Registry of Counsellor Education Programs. IRCEP was created by CACREP and officially launched in the spring 2010 as a response to a growing number of requests from non US-based programs for CACREP to provide a quality assurance review process for international programs. The evolution of IRCEP will be discussed, along with the development of the registry processes and IRCEP Standards. Participants will be asked to participate in a discussion on the state of counselor education globally and how

IRCEP might meet their needs. Participants will be provided with a Power Point handout, links to IRCEP information, and contact information on the international members of the IRCEP Steering Committee

2:00 PM

16. Using Arts Processes as Psychological Tools in Second Life, Niela Miller (*Note 90 minute presentation to be held at Niela's SL Location - Octagon Roof Prism Lila (26,219,30)*)

Is virtual reality, unbounded by geographical constraints, and with many creative tools at our disposal, a viable venue for the psychotherapy of the future? After a long career of working with individuals and organizations face to face and by phone, this presenter has been experimenting in SL with the combining of arts and therapeutic practices, particularly Gestalt and Jungian models, and is intrigued by its possibilities. Come discover some of the experiments we have done with visual, structural and auditory media here for heightening awareness, producing insight, solving problems and generating valuable data for both client and counselor, coach or therapist.

3:00 PM

17. Developing and Implementing Online Supervision in Counselor Education: Strategies to get Started, Jonathan Lent and Paula Britton - *CESL sim*

Computer-based clinical supervision of counselors in training is becoming more prevalent and acceptable. It has the benefit of increased flexibility, greater cost-effectiveness and greater accessibility. However, developing and implementing online supervision can be a daunting task, especially to counselor educators that may not have a strong background in technology. Due to ethical concerns regarding informed consent and confidentiality, it is critical that supervisors are stringent in setting up online supervision appropriately. This workshop will provide attendees with practical guidelines to help them get started in developing and implementing ethical online supervision with their trainees. Additionally, attendees will be provided information as to how to develop an informed consent for use with students and client when providing supervision online.

4:00 PM

18. Teaching, Learning and Living in SL: A year in the Life of a Newbie, Chadwick Royal - *Cooperative Extension sim*

The presenter was born just before the Virtual Conference in Counseling in 2009 - and has since lived as a Scholar-in-Residence (CESL), taught graduate counseling classes, built, bought, and attended other learning experiences within SecondLife. This presentation will review the experiences of a counselor educator and provide suggestions for those who wish to teach, learn, and live as a Scholar-in-Residence. There will be some virtual "hands-on" experiences (no TPs involved).

5:00 PM

19. Age Cohorts: Preparing a Young Counseling Workforce for an Aging Generation, Nicki Nance - *CESL sim*

Counselors from the baby boom era are retiring, taking with them the inherent knowledge of the cohort's history. Ageism and deficits in knowledge about the baby boom cohort threaten to prevent accurate assessment and appropriate treatment for the aging clientele. This program will assist counselor educators in sensitizing their students to the importance of history-graded influences and associated counseling strategies.

6:00PM

20. Discovering Callings and Contributing to Community: Where Spirituality and career Development Converge, Edward Colozzi - *Cooperative Extension sim*

Are you searching for effective ways for clients or yourself to live your life with more balance, more meaning, and more happiness, while using your unique gifts and talents to earn income? Finding work that fosters a sense of meaning and purpose, a "calling", is a theme that often surfaces with persons seeking career counseling. Many individuals acknowledge an awareness of some inner potential and express frustration with their lack of clarity regarding career goals. Accompanying feelings of angst can serve as an important emotional trigger that moves clients into a state of readiness for career counseling. They still want sufficient income, but many discover what truly moves them to action is their desire to search for a more purposeful career and life path and a chance to contribute their gifts while enjoying more balance and less stress with all that they do. Career-life counseling can facilitate their successful journey, and is best accomplished by listening to their hearts, understanding their story, and raising their self-efficacy beliefs. This can be summarized in one phrase, reflection on true self. PowerPoint's and resources will be shared to facilitate this presentation, including useful Internet links.

7:00 PM

21. The Top 5 Mistakes Therapists Make in Building a Successful Therapy Practice, Laura Dessauer - *CESL sim*

*If you are in private practice, or you are thinking about starting a private practice, there are some basic mistakes you may make in marketing your practice. This presentation will cover the top 5 mistakes therapists make in building a successful therapy practice. *HINT-When you identify these mistakes you'll be able to help many more people, doing what you love to do!*

8:00 PM

22. Factors Related to Severity and Prognosis in Mood Disorders, Todd Finnerty - *Cooperative Extension sim*

Even with all of the computers and technology we have available today, no one claims a scientific ability to always predict the future of one person's depression, bipolar or other mood disorder. However, certain factors may increase the risk of onset and impact the course, severity of symptoms and the likely success of treatment. It is beneficial for counselors to attend to these factors and address them when appropriate.

9:00 PM

23. Counseling Stand-up Comedy Tour: Ludwig Wittgenstein and the Telling of Second-Order Truth Through Humor, Brian Mistler - *CESL sim*

Ludwig Wittgenstein once said that a serious and philosophical work could be written that would consist entirely of jokes (without being facetious). This program will introduce people briefly to Wittgenstein and his major works, followed by a an overview of the concept of second-order truth and its relationship to humor. The remainder of the time will be given to the presenter sharing jokes in this domain, with opportunities for discussion of their implication for the field of counseling. Laughing is expected, and text feedback from attendees during the presentation is encouraged.

10:00 PM EST --- 7 PM SLT

Live Entertainment - Tranquil Café

SLURL Shona 157 160 37

<http://slurl.com/secondlife/Shona/157/160/37>



Friday September 17, 2010

ALL TIMES ARE EASTERN STANDARD TIME OR +3 SLT (SECOND LIFE TIME)

9:00 AM

Tai Chi exercise and light conversation

Look for us on the east end of the CESL island

10:00 AM

24. Directives in Art Therapy, Nicole Brickell - CESL sim

One of the questions that an art therapist is asked by their therapist peers usually involves the phrase "Do you have any new therapy directives?". This presentation will focus on various treatment directives that this presenter has used in her clinical practice. Outlines on how to use such directives with varying ages and populations will be discussed, along with the pros and cons of their usage. Case studies will present various therapeutic directives outlined. This presentation is sure to provide clinicians with many ideas to use in their next sessions.

11:00 AM

25. The Fourth Dimension: 4-D Communications with Adolescents, William Scott - Cooperative Extension sim

Adolescents have been referred to as the 'alien-nation' (Family Therapy Networker). Communicating effectively with adolescents can challenge the most seasoned therapists as we are faced with inherent double binding messages: 'notice me,' 'leave me alone,' 'come closer,' 'back off,' 'help me,' 'I can do it myself.' Drawing on Edwin Friedman's 3-D's of communication, the 4-D's of communication (Distance, Direction, Development and Dialogue) provide guidelines for translating these mixed messages and communicating more effectively with today's youth. Relational Distance is influenced by Structural boundaries as well as the nature of the therapeutic alliance (John Meeks). The 'unholy alliance' with the 'id' signals a relationship with diffuse boundaries (too close) where the therapist is experienced as a colluding, voyeuristic peer, while the 'unholy alliance' with the 'superego' signals a relationship with rigid boundaries (too distant) where the therapist is experienced as another correcting authority figure. The teen longs for a relationship (the 'fragile alliance') with a caring, authentic adult who can serve as an 'ego' support, or trusted mentoring figure. Direction is influenced by the 3-M's: movement (pursuit and distancing), hearing and understanding the teens' metaphorical expression, and respecting, yet challenging, misdirection. Development involves understanding and utilizing developmental theories that support a resilient identity, and increased levels of differentiation. Through Dialogue, the self of the teen is affirmed and validated as the therapist serves as

audience, and co-author to the teen's re-authored story. The therapist intentionally invites, makes room for, and calls forth stories of competence, courage, and hope (Waters and Lawrence). A bonus D, Disclosure, involves therapist self-disclosure as well as the thorny issues of client confidentiality and parental right to treatment information. As is readily apparent, the D's overlap and interact to suggest guidelines for more effective interaction and communication with today's youth.

12:00 PM

26. Collaborative Approach to High School to College Transition Programs, Annette Albrecht and Dennis Jones - *CESL sim*

High school to college transition programs can provide an effective method to reduce the gap between incoming students from underserved communities and those of more privileged schooling opportunities. It is progressively more commonplace for school counselors to collaborate with institutions of higher education in developing these types of transition programs.

1:00 PM

27. Facilitating Second Lives in Real Life, Tom Blume, Joel Lane, and Keolebogile Semphadie - *Cooperative Extension sim*

Second Life can be understood as a utopia--an artificial, model society with a value for diversity, a place where nearly every variation in human form and behavior is acceptable. In this environment people can leave behind characteristics of their Real World identities and experiment with becoming different--then take a new level of confidence back to the real world. But it is also a replica of most other societies in that the right to be different is only available to those who have a certain level of privilege. In a similar way, some athletes and entertainers in Real Life have a Second Life, in that they can recreate themselves without fear--while their friends live with very strict rules for behavior. In this workshop we will examine the processes through which identity change in Second Life is accomplished and explore possibilities of creating other change-promoting environments, both f2f and online, where the privilege of experimenting with identity is available to those who lack wealth and power. We will finish with suggestions for those who might be in a position to create pockets of Second Life opportunity on campuses and in other communities--e.g. grant-seeking, academic skills help, web site development, classroom management, and admission, promotion, and tenure policies.

2:00 PM

28. Service Learning with Online Graduate Students, Kylie Dotson-Blake - *CESL sim*

This presentation explores the process of using service-learning to enhance the professional development of pre-service school counselors in online counselor education classes. School counselors have multifaceted professional

responsibilities and the use of service-learning allows students to develop the skills necessary to effectively fill those roles. The presenters will delve briefly into the professional literature examining the impact of service-learning and will then move into a discussion of how service-learning can be used to foster understanding and transfer abstract professional concepts into practice. The unique needs of students in online service-learning classes will be explored and resources for addressing these needs will be shared. A case example of an online class incorporating service-learning is presented, allowing for the illustration of key concepts necessary for effective service-learning in the counselor education setting. Presenters will also share service-learning initiative outcomes and discuss challenges.

3:00 PM

29. Counselors-in-training Implement the ASCA National Model, Aaron Oberman - *Cooperative Extension sim*

The presenter will share the basic components of the ASCA Model and discuss the benefits of school counselors-in-training beginning early on to implement a comprehensive, developmental guidance program. In addition, the participants will learn strategies for developing a course based on the ASCA Model for school counselors-in-training. The presenter will share the class format, group project, and tips for getting school counselors-in-training interested and excited about the benefits of the ASCA Model. Lastly, the presenter will share sample projects completed by school counselors-in-training from recent semesters.

4:00 PM

30. Suicide Assessment using SIMPLE STEPS, Jason McGlothlin - *CESL sim*

Suicide is the 2nd leading cause of death for folks 25-34 and the 11th leading cause of death overall. Suicide is typically one of the scariest aspects of clinical work while the rate of malpractice against clinicians in times of client suicide has drastically increased. Given this, it is critical that clinicians appropriately assess for suicide while knowing best practices for client care and clinician care. This presentation will present a comprehensive model for assessing suicide (e.g., the SIMPLE STEPS model) and corresponding interventions to help prevent suicide. Given the venue of this conference, some time will be spent discussing the presence of suicide in Second Life.

5:00 PM

31. Teaching Supervision to Counselors using the Discrimination Model, Clarrice Rapisarda, Kimberly Desmond, and Jill Nelson - *Cooperative Extension sim*

Counseling programs have a full agenda preparing students to become future counselors in school and clinical mental health settings. While students receive supervision during their clinical course work they are not often exposed to a model

of supervision which they can use as future supervisors. The presenters will share one particular model of supervision, the Discrimination Model, and discuss how it can be taught to counselors. The presenters will discuss the components of the Discrimination Model and explore strategies for teaching this model to counselors for use in both school and clinical mental health settings.

6:00 PM

32. Public Relations and School Counseling: Learning to Promote the Counseling Program, Kimberly Desmond, Clarrice Rapisarda, and Jill Nelson - CESL sim

In today's economy schools are challenged to serve increased numbers of students with decreased resources. The school counseling program is essential to the academic success of students. School counselors have a responsibility for letting stakeholders know what resources are available to meet student needs. The presenters will share strategies for promoting the school counseling program to various stakeholders including students, parents, faculty/staff, administration and community members. Sample activities, programs, and approaches to making others aware of the services provided by the school counselor will be provided. Finally, school counseling program website development tips will be offered.

7:00 PM

33. My Client's Don't Know I am LGBT Friendly: Helping School and Mental health Counselors Meet the needs of LGBT Youth, Rachel Vitale, Julie Krause - Cooperative Extension sim

This session will provide useful information for both school and mental health counselors by focusing on counselor accessibility, case conceptualization, and treatment planning for youth who identify as LGBT. School and mental health counselors will benefit from learning how to use a model which utilizes specific techniques that foster acceptance and openness in the counseling relationship.

8:00 PM

34. Eating Disorders and Mentoring, Shannon Cutts - CESL sim

This workshop explains in five voices how adding a mentor to the treatment team positively impacts the life cycle of the recovery process for the sufferer, their loved ones, the treatment professionals, mentors, and mentoring organizations all working together to provide a continuum of support to facilitate lasting recovery. Voice #1: The Sufferer: Why I need a mentor who has stood in my shoes and has recovered. Voice #2: The Loved One: Why the presence of a mentor who understands my sufferer's disease frees me to do what I can do – offer my love and support. Voice #3: The Clinician: Why the mentor makes my job treating my clients easier and more effective. Voice #4: The Mentor: Why "paying it forward" through

mentoring by those who are recovered and parents of those who are recovered is so rewarding – it keeps commitment to recovery strong and gives meaning to my journey. Voice #5: The Mentoring Organization: Why the presence of organized mentoring communities removes barriers sufferers face to accessing quality support and care while building a grassroots community movement of empowered, motivated, educated, affected individuals advocating for change. Presentation will also address the rising challenges of erasing shame, silence, secrecy, and stigma around eating disorders recovery.

Saturday September 18, 2010

ALL TIMES ARE EASTERN STANDARD TIME OR +3 SLT (SECOND LIFE TIME)

10:00 AM

35. Q Methodology as a Tool for Agenda Setting. Klara Overland - CESL sim

Q methodology explores people's subjectivity; their views - inner beliefs and feelings. This presentation aims at presenting Q methodology as a tool to discover important areas where there is a need of counseling. The design of my PHD project, about how daycare staff perceive young children of divorce, will be presented as an example. Reflections about how Q-methodology can be used in SL will be discussed in the end.

11:00 AM

36. Digital Story Telling in a Multicultural Counseling Course, Diana VanWinkle, Marty Jencius - Cooperative Extension sim

Stories exist in every culture as a means of sharing about oneself in a setting, as well as learning the stories of others in context. Stories explain the origins of cultures, current narratives and future hopes. Individuals have their own narrative as they express the stories of their lives embedded in culture, community and family. Digital stories are a means of sharing ones story using a medium inviting multiple sensory involvement as storytellers use words, song, voice, photos and more to tell their story. Multicultural Counseling Courses are vehicles through which counseling students are invited to explore their cultural story. The reflective process inherent in digital story telling gives rise to space for counseling students to consider the values, beliefs and assumptions they bring into the counseling environment. In a multicultural counseling course, students share their story through a cultural lens with the goal of increasing awareness of their values, beliefs and assumptions by exploring their cultural narratives. Differing models of cultural understanding such as Personal Dimensions of Identity (Arrendondo & Glauner, 1992) and McFadden's Stylistic model of counseling (1999) create a pathway for stories to be explored and shared by counseling students. The presenters will share their story as it emerged through out a semester in which students involved themselves in the reflective digital story experience.

12:00 PM

37. Innovation, Avatars, and Virtual Counseling, Dick Dillon - CESL sim

This presentation will focus on an innovative use of digital technology to encounter clients and deliver quality services to people who would otherwise go unattended due to a variety of limitations. A general discussion of the wisdom of creating a culture of innovation within an agency/organization will introduce participants to the specific use of digital technology in service delivery. Physical handicaps, distance, transportation cost, stigma and other obstacles to engagement and treatment access are perhaps the most critical unsolved challenges in the mental health field. Our agency has embarked upon

an ambitious approach to this challenge, recognizing the growing penetration of access to digital technology among the population.

The “relative anonymity” of the internet allows people to engage in therapeutic interaction with little fear of stigmatization or discrimination, and research shows that, contrary to some opinions, using these tools may actually make it easier for people to express their emotions and frankly discuss their challenges . Using online methods also makes it possible to leverage limited professional resources. A discussion of our successful pilot virtual world counseling project will be included in this presentation.

1:00 PM - Cooperative Extension sim

38. Publishing Your Book in Counselor Education, John Blando - *Cooperative Extension sim* This presentation focuses on the process involved in writing and having a book published in counselor education. The focus is on second party publication and not self-publication. The presentation will comprise PowerPoint and voice chat. Time will be set aside for question-and-answer. As a publishing example, the presenter will detail his experience in taking a book from idea to publication. Particular issues covered include:

- 1. How to increase the likelihood that an idea for a book would be attractive to a publisher.*
- 2. How to argue the scholarly value of your book.*
- 3. How to argue the financial value of your book (that is, that your book will result in sales and profits for the publisher).*
- 4. Particulars of contracts.*
- 5. Negotiating timelines.*
- 6. Differences between and working with acquisitions, developmental and production editors.*
- 7. Offering input into typesetting and book design.*
- 8. Negotiating for electronic dissemination of the book.*

2:00 PM

39. Artificial Neural Networks: An Introduction to Their uses in Statistical Modeling and Comparison of Predictive Power versus Multiple Regressions, Brian Mistler - *Cooperative Extension sim*

While Neural Network Models have begun to gain popularity in various fields, including medical (Okoroh, Ilozor, & Gombera, 2007; Sargent, 2001), ecological modeling (Manel, Dias, & Ormerod, 1999), and marketing research (Wray, Palmer, & Bejou, 1994), they have yet to gain acceptance in the psychological research literature. This program will provide a general overview of artificial neural network models and their use in statistical modeling. Key terms and concepts will be reviewed, and the program will be presented such that audience members need not have an advanced statistical background to enjoy the presentation. Neural Network Models will also be compared to multiple regressions, one of the most common and powerful methods in statistics, in an effort to help elucidate some of the advantages and disadvantages of a

neural network approach. Time will be provided for questions and participants who wish to use a neural network model in their research are encouraged to contact the presenter for further support.

3:00 PM

40. Counselor TV: Creating and Running a Streaming Television Channel, Michael Baltimore - Cooperative Extension sim

Live video streaming to the Web is a growing platform for presenting ideas, educational content and classroom teaching. Distant learning and online courses have typically fallen short of the production quality needed to engage the learner. Counseling departments and colleges can create a recording environment for producing both live and prerecorded presentations for streaming to the Web in ways not thought of in previous years. This presentation will review the necessary process and materials involved in the startup of a web streaming television channel for counselor educators and others. Participants, during this presentation will review a streaming television channel that produces content on a 24/7 basis developed by the author. Further, participants will overview the necessary technology, production and direction techniques and the possibilities of establishing one's own streaming channel. Examples of created shows, such as, "Counseling Now", produced by graduate students will be presented.

4:00 PM

42. Closing Session - CESL Sim



Recognition

Thanks...

Debra London (SL Debra Hilra) – Debra has been with this project and the conference since the beginning. The CESL center is her build and her advice, encouragement and involvement has been essential to this project.

LuAnn Phillips (SL: Thynka Little) from the Cooperative Extension Education Center has been so helpful since the first day that I approached her about using the Extension sim. LuAnn is full of great ideas only topped by her willingness to make things happen for others.

Leeah Vaheer – Leeah is responsible for the interior design of the CESL conference center and has been a remarkable shopper and designer for the center. She has an eye for design, where I didn't have one.

Dr. Jason Miller – Dr. Miller is the Director of the Kent State University Counseling and Human Development Services Center, our on-campus counseling center. He has generously offered to process and keep records of the Continuing Education hours for registered attendees.

John Wilson of Onlinevents (at <http://www.onlinevents.co.uk>) - John worked with us last year and like last year, this year he is donating all his time and effort. John has offered to webstream the conference online through his site. This is a gracious offer and will allow folks to come in and see the event through any web browser. John is always a positive and creative person to be around.

Brianna Beresford - Bri is owner, manager, and hostess at SL's Tranquil Café <http://tranquilcafe.com>. She knows the SL music scene better than anyone I know and this year has helped the conference by adding music entertainment opportunities.

Chris Evermore - A great SL musician I have had the pleasure to hear. As soon as he was brought the project of playing for our conference, he jumped at the chance. Chris really has a great way of connecting with people. What started for me as a business discussion lead to a great conversation about the richness of the SL environment.

Janalee Redmond (SL: Jennette Forager) of Metanomics.org for your kind interview opportunity which made our work at CESL and the 2VCC open to a wider audience.

The best part of the project has been working with all of you, our presenters and attendees.

See you at 3VCC

Marty Jencius (aka Kimbo Scribe)
Kent State University



**VIRTUAL STATE FAIR WEEK in SL
OCTOBER 6th-10th**

**Morrill/131/12/24
2pm to midnight daily. All times are EDT**

3pm-5pm W,Th,F Cooperative Extension 30 Minute Workshops:
Real extension educators will offer 30 minute classes in Second Life on consumer topics like parenting, home gardening, and food safety

5 pm-7 pm Community of Practice expo. Guided tours.

7 pm-9 pm Midway, line dancing. Geocaching!

9 pm-11:00 pm LIVE Musicians
(W-folk, Th-blues, F-pop, and S-country)

11:00 pm - 12 pm Fireworks, Fair Food, and Fun

SUNDAY ONLY: Talent Contest 4:30 - 7:00 pm
and Fair Finale Parade (enter to win!) and Party 7:30 to 12

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